

PROTECT YOURSELF FROM HARMFUL UV RADIATION

THE DANGERS OF UV RADIATION



- UV radiation causes skin cancer, eye melanoma,
 & inflammation of the cornea
- Welding arcs produce UVA, UVB, and UVC rays
- Welders are at increased risk of developing skin and ocular damage
- Thermal burns from hot metal also contribute to skin damage and cancer risk

THE IMPORTANCE OF SUNSCREEN



- Sunscreen absorbs and reflects UV radiation to prevent skin damage
- Zinc oxide is ideal for welders since it covers the full spectrum of UV radiation
- I.C. Industrial Sunscreen is designed for welders and provides complete protection

TIPS FOR STAYING SAFE ON THE JOB



- Apply broad-spectrum SPF 30+ sunscreen to all exposed skin
- Reapply every two hours after sweating or being exposed to water
- Wear protective clothing and take breaks from UV radiation exposure
- Encourage coworkers to also use sunscreen and PPE



