



DID YOU KNOW?

THE ARC BURNS SKIN TOO.

Protect yourself from the UV in every weld.

1

KNOW THE HAZARD

Welding arcs give off UVA, UVB and UVC. UV can burn exposed skin and eyes (“welder’s flash”), and repeated UV exposure raises the risk of skin cancer.

2

COVER UP FIRST

FR clothing and the right helmet shade come first. Button the collar, wear gloves, close the gaps. Sunscreen is one layer, not a replacement for PPE.

3

SUNSCREEN THE GAPS

Neck, ears, face and wrists: apply broad spectrum sunscreen 15 minutes before the shift. Reapply after 80 minutes of sweating and at least every 2 hours.

4

LOOK OUT FOR THE CREW

Remind coworkers to cover up and use sunscreen. Red skin after a shift means UV got through.



I.C.® INDUSTRIAL SUNSCREEN SPF 36

- Broad spectrum SPF 36, UVA and UVB
- Hybrid: non-nano zinc oxide plus organic UV filters
- 80-minute water resistant; clear, non-greasy, fragrance-free



SCAN FOR
WELDER
SUNSCREEN

Sun protection measures: Spending time in the sun increases your risk of skin cancer and early skin aging. To decrease this risk, regularly use a sunscreen with a Broad Spectrum SPF value of 15 or higher and other sun protection measures including limiting time in the sun, especially from 10 a.m. – 2 p.m., and wearing long-sleeved shirts, pants, hats, and sunglasses. Sunscreen is tested for UVA and UVB only. Use only as directed; read the Drug Facts label.